

Nuwejaarsvoornemens JA OF NEE?

Die nuwe jaar wink en dis gewoonlik in dié tyd dat mense Nuwejaarsvoornemens maak oor wat hulle volgende jaar wil doen of bereik.

Van die algemene Nuwejaarsvoornemens sluit in om gewig te verloor, te oefen, slegte gewoontes af te leer, van werk te verander of dalk meer geld te verdien. Vir talle mense is hul Nuwejaarsvoornemens egter teen die 7de Januarie iets van die verlede.

Navorsing wys daarop dat mense Nuwejaarsvoornemens maak aangesien die begin van 'n nuwe jaar lyk na 'n geleentheid vir 'n nuwe begin en om probleme of uitdagings van die vorige jaar agter te laat. Wanneer mense Nuwejaarsvoornemens opstel, is dit gewoonlik goed wat hulle heeltemal wil verander. Volgens kenners is daar niks verkeerd daarmee om doelwitte op te stel nie maar die probleem is eerder die gedagteproses wat daarmee gepaardgaan. Die gedagteproses neem nie die vordering wat reeds gemaak is in ag nie en wil alles van vooraf doen.

Kenners meen mense moet Nuwejaarsvoornemens nie sien as 'n "nuwe jaar, nuwe ek" nie maar eerder jou storie wat oorgedra word van die vorige jaar af. Jy moet dus die wysheid wat jy intussen bekom het in ag neem en dit eerder sien dat jy 'n beter weergawe van jouself wil wees. Dit is dus belangrik om te bou op wat jy reeds bereik het. As een van jou vorige Nuwejaarsvoornemens was om in die gimnasium te sweet, moet jy terugkyk oor hoe jy in dié verband gevorder het. Probeer dus vasstel watter

uitdagings daar was, van watter dele daarvan jy gehou het en wat jy moet verander.

Kenners stel ook voor dat jy net een Nuwejaarsvoorneme moet hê eerder as 'n hele lang lys. Dit is makliker om jou energie op een Nuwejaarsvoorneme te konsentreer as om jou energie te versprei oor 'n aantal verskillende doelwitte.

Een van die groot uitdagings in die nakom van Nuwejaarsvoornemens is die vestiging van nuwe gedragspatrone want dit neem tyd. Kenners stel ook voor dat jy nie tot op die nippertjie wag om te besluit wat jou Nuwejaarsvoornemens gaan wees nie. Nuwejaarsvoornemens verg beplanning – jy het tyd nodig om te dink oor hoe jy 'n groot gedragsverandering gaan bewerkstellig.

Kenners is dit ook eens dat mens klein treetjies moet gee wanneer hulle begin om Nuwejaarsvoornemens te implementeer aangesien te veel hooi op jou vurk jou planne in die wiele kan ry.

My New Year's resolution is to lose just enough weight so that my gut doesn't jiggle when I brush my teeth.



your eCards
someecards.com

NUUSBROKKIES

Inwoners wat nuusbrokkies wil deel, moet asseblief 'n e-pos met die nuusbrokkie stuur na Melissa Bester.



montechristoeco3@gmail.com



**PRET
 &
 BRAAI**

Cape Gannet



Wat 'n wonderlike samesyn was die straatbraai, gehou in die cul-de-sac van Cape Gannet op Nuwejaarsdag. Die vure het hoog gebrand, tafels het gekreun onder heerlike paptert, 'n verskeidenheid brode en slaaie vir 'n "army" - gemoedere lig! Elkeen se deelname, so ook elke nuwe intrekker se teenwoordigheid word hoog op prys gestel!

Blue Crane



Dis hoe Blue Crane inwoners dit doen! Vir die tweede agtereenvolgende jaar het bure, nuwe inwoners en goeie vriende 'n straatbraai gehou met die wonderlikste berguistsig. Hulle kan sekerlik nie wag vir die volgende cul-de-sac braai nie.

Cape Francolin



Cape Francolin inwoners het hulle straatbaai net so geniet. Dit was 'n groot sukses en sien ook uit na hulle volgende samesyn.

Ons moedig alle Monte Christo inwoners aan om straatbraaie te organiseer en by te woon. Dit is 'n wonderlike manier om mekaar te leer ken en om die Monte Christo gemeenskapsbande te versterk.



Cape Gannet

Vir 'n beter *lewenstyl...* **M** For a better *lifestyle...*



Blue Crane



Blue Crane



Blue Crane



Blue Crane



Blue Crane

Koste
 VAN
**TOEGANGS-
 KAARTE**

Inwoners moet kennis neem dat met ingang **1 Maart 2021**, die koste per toegangskarte **R200.00** beloop.



Monte Christo
 BEWUSTHEID VAN REËLS

SIGBAARHEID VAN HUISNOMMERS



Alle inwoners moet asseblief teen **28 Februarie** huisnommers aanbring waar dit duidelik sigbaar is.



ONTWIKKELINGS STATISTIEKE



338
 BEWOON



29
 BOU PROJEKTE



99
 OOP ERWE

=

466
 TOTAAL

K A T
 D A T A B A S I S

Inwoners wat nog nie hul katte op die databasis laat registreer het nie, het tot **28 Februarie 2022** kans om die registrasie te doen.





KONTAK

BESONDERHEDE :

Ons vra dat Monte Christo inwoners die volgende kontak besonderhede op u selfoon, epos en telefoonboek opdateer.



Landgoedbestuurder

**MNR. JOHAN
VAN DER WALT**

*Omgewingsake, bouaktiwiteite,
finansies en administrasie*

Kantoor **044-050-0259**
montechristoeco@gmail.com



Assistent Landgoedbestuurder

**MNR. DAWIE
LUBBE**

*Sekuriteit, instandhouding, tuine,
infrastruktuur asook werkers*

Kantoor **044-050-0264** | Sell **074-347-8955**
montechristoeco2@gmail.com



Operasionele Assistent

**MEV. MELISSA
BESTER**

*Alle Kantoor Administrasie asook
BK-sekretariële dienste*

Kantoor **044-050-0259** (08:00 - 13:00)
montechristoeco3@gmail.com

SEKURITEIT

Nood nommers

062-117-3625 | 044-050-0260

ETES BESTELLINGS biancadicksdharris@gmail.com Whatsapp **083 894 5349**



Inwoners
**SELFOON-
NOMMERS**



'n Beroep word op alle inwoners gedoen om net by Sekuriteit te stop en te kyk of hulle selfoonnommers korrek is op die Inwonerslys.

NOODSITUASIES — OM TE — RAPPORTEER

062-117-3625 | 044-050-0260

NOODSITUASIES OM TE RAPPORTEER SLUIT IN:



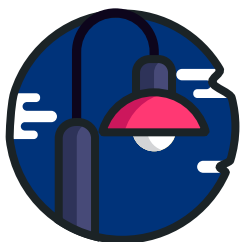
Gebarste waterpype asook waterlekkasies by Munisipale aansluitings.



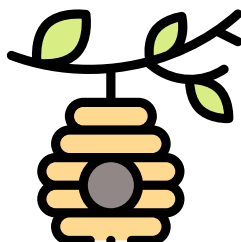
Riool wat oorloop.



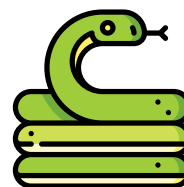
Gedeeltes van dorpsligte buite werking as gevolg van moontlike kragonderbrekings / foute.



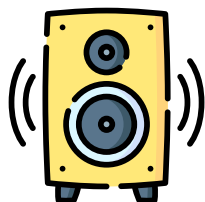
Lampale se gloeilampe wat geblaas het.



Bye wat nes maak.



Slange.



Rusverstoring.



Troeteldiere wat sonder toesig rondloop.



Kontrakteurs & Diensverskaffers wat werk buite neergelegde ure.

Enige ander ongerymdhede.

062-117-3625 | 044-050-0260



Polisie

Mosselbaai Stasie
044 606 2805
082 522 3278
082 522 3358

Da Gamaskop Stasie
044 606 2201/7/8
082 379 2449

Kwanongaba Stasie
044 606 5606
082 3025927



Munisipaliteit

Kontaksentrum
& Na-ure
044 606 5000

Munisipale Water
044 606 5262/82

Munisipale Elektrisiteit
044 606 5082

SMS Klagtes
44802



Verkeers Dep.

Mosselbaai VD
044 606 5201
044 606 5000



Ambulans

Metro Ambulans
044 805 5070

Ambulans
10177
044 691 3170

By Grace Ambulans
063 675 1936



ER24
084 124
083 454 1175



Hospitaal

Bay View
Privaat Hospitaal
044 691 3718

Mosselbaai
Provinsiale Hospitaal
044 691 2011



D.B.V.

Mosselbaai
044 693 0824
072 287 1761



Brandweer

Mosselbaai Brandweer
044 691 3722
044 606 5107
044 606 5000

Rapporteer Veldbrande
044 805 5071



N.S.R.I

Mosselbaai
082 990 5954



Branderplankry & Lewensreddend

Mosselbaai
083 462 1182
(Des - Jan)



Diere Redding

Mossel Bay
Stranded Marine
Animal Rescue Team
072 227 4715



Buurtwag

Aalwyndal
082 779 1047

Bayview
082 491 3163
072 301 7700

Bo Dorp
061 534 0740
082 651 6228

Da Nova
076 407 8147
064 156 0984

Danabaai
079 414 0481

Diaz, Boland Park &
Voorbaai
083 721 1641

Hartenbos CSF
079 244 7472

Hartenbos Heuwels,
Menkenkop & Seemeeu Park
060 828 4359

Heiderand
072 929 5510
083 561 1049
063 314 0783

Island View
083 250 4112
Onder Dorp
071 514 4501

082 702 2607
Sonskyn
076 567 0614

Tarka
083 310 9335

Updated rules and constitution documents can be found on our website: www.montechristoestate.co.za

New Year's Resolutions YES OR NO?

The new year beckons and it is usually during this time that people make New Year's resolutions about what they want to do or achieve.

Some of the common New Year's resolutions include losing weight, exercising, kicking bad habits, changing jobs, or maybe making more money. For many people, however, their New Year's resolutions are a thing of the past by 7 January.

Research indicates that people make New Year's resolutions as the beginning of a new year seems like an opportunity for a new beginning and to leave behind problems or challenges of the previous year. When people make New Year's resolutions, it's usually something they want to change completely. According to experts, there is nothing wrong with setting goals, but the problem is the thought process that accompanies it. The thought process does not take into account the progress already made and wants to do everything in advance.

Experts believe that people should not see New Year's resolutions as a "new year, new me" but rather your story that is conveyed from the previous year. You must therefore consider the wisdom that you have acquired in the meantime and rather see that you want to be a better version of yourself. It is therefore important to build on what you have already achieved. If one of your previous New Year's intentions was to sweat in the gym, you need to look back on how you have progressed in this regard.

So, try to determine what challenges there were, what parts of them you liked and what you need to change.

Experts also suggest that you should have only one New Year's intention rather than a long list. It is easier to focus your energy on one New Year's resolution than to spread your energy over several different goals.

One of the big challenges in fulfilling New Year's resolutions is establishing new behaviour patterns because it takes time. Experts also suggest that you do not wait until the last minute to decide what your New Year's intentions will be. New Year's resolutions require planning - you need time to think about how you are going to bring about a major behaviour change.

Experts also agree that one should take small steps when they start implementing New Year's resolutions as too much hay on your fork can thwart your plans.

My New Year's resolution is to lose just enough weight so that my gut doesn't jiggle when I brush my teeth.



your eCards
someecards.com

NEWS SNIPPETS

Residents who want to share news snippets should please send an email with the news snippet to Melissa Bester.



montechristoeco3@gmail.com





BRAAI FUN

Cape Gannet



What a wonderful get-together the residents of Cape Gannet had during the street braai in the cul-de-sac on New Year's Day. The fires burned high and tables overflowed with delicious papert, bread and salads. There was enough food to feed an 'army'! Everyone's participation was highly appreciated!

Blue Crane



How Blue Crane residents do it! For the second year in a row, neighbours, new residents and good friends held a street braai with the most magnificent mountain views. They surely can't wait for the next cul-de-sac braai.

Cape Francolin



Cape Francolin residents enjoyed their street braai just as much. It was a great success, and they are also looking forward to their next get-together.

We encourage all residents of Monte Christo to organize and attend street braais. This is a great way to get to know each other and strengthen community ties within Monte Christo.



Cost OF ACCESS CARDS

Residents must take note that with effect from **1 March 2021**, the cost per access card will be **R200.00**.



Monte Christo
 AWARENESS OF RULES

VISIBILITY OF HOUSE NUMBERS



All residents must please affix/put up house numbers that is clearly visible by **28 February**.



DEVELOPMENT STATISTICS



338
 INHABITED



29
 BUILD PROJECTS



99
 OPEN PLOTS

=

466
 TOTAL

C A T
 DATABASE

Residents who have not yet registered their cats on the database have time until **28 February 2022** to do the registration.





CONTACT

DETAILS :

We kindly ask that Monte Christo residents update the following contact details on their cell phone, email and phonebook.



Estate Manager

**MR. JOHAN
VAN DER WALT**

*Environmental Affairs, Construction
Activities, Finance & Administration*

Office **044-050-0259**
montechristoeco@gmail.com

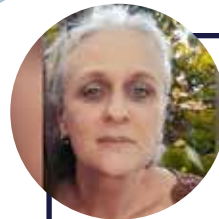


Assistant Estate Manager

**MR. DAWIE
LUBBE**

*Security, Maintenance, Gardens,
Infrastructure & Workers*

Office **044-050-0264** | Cell **074-347-8955**
montechristoeco2@gmail.com



Operational Assistant

**MRS. MELISSA
BESTER**

*Office Administration &
CC Secretarial Services*

Office **044-050-0259** (08:00 – 13:00)
montechristoeco3@gmail.com

SECURITY

Emergency numbers

062-117-3625 | 044-050-0260

FOOD ORDERS biancadicksdharris@gmail.com Whatsapp **083 894 5349**



Residents CELL PHONE NUMBERS

Appeal to all residents to stop
at Security and confirm if your
cell phone number is correct
on the Residents List.



EMERGENCIES TO REPORT

EMERGENCY REPORTING SITUATIONS INCLUDE:



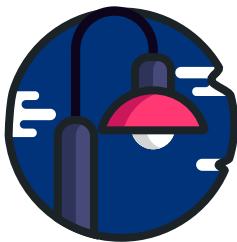
Cracked water pipes as well as water leaks at Municipal connections.



Sewage overflow.



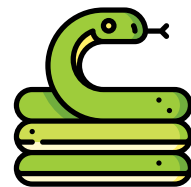
Town lights that are out of order due to possible power outages/faults.



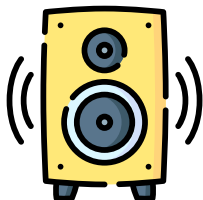
Street light bulbs that are faulty.



Beehives.



Snakes.



Disturbance of the peace.



Pets walking around unattended.



Contractors & service providers working outside hours.

Any other irregularities.

062-117-3625 | 044-050-0260



Police

Mossel Bay Station
 044 606 2805
 082 522 3278
 082 522 3358

Da Gamaskop Station
 044 606 2201/7/8
 082 379 2449

Kwanongaba Police
 044 606 5606
 082 3025927



Municipality

Call Centre
 & After Hours
 044 606 5000

Municipal Water
 044 606 5262/82

Municipal Electricity
 044 606 5082

SMS Complaints
 44802



Traffic Dept.

Mossel Bay TD
 044 606 5201
 044 606 5000



Ambulances

Metro Ambulance
 044 805 5070

Ambulance
 10177
 044 691 3170

By Grace Ambulance
 063 675 1936



ER24
 084 124
 083 454 1175



Hospital

Bay View
 Private Hospital
 044 691 3718

Mossel Bay
 Provincial Hospital
 044 691 2011



S.P.C.A.

Mossel Bay
 044 693 0824
 072 287 1761



Fire Dept.

Mossel Bay FD
 044 691 3722
 044 606 5107
 044 606 5000

Report Wild Fires
 044 805 5071



N.S.R.I

Mossel Bay
 082 990 5954



Surf & Life Saving

Mossel Bay
 083 462 1182
 (Dec - Jan)



Animal Rescue

Mossel Bay
 Stranded Marine
 Animal Rescue Team
 072 227 4715



Neighbourhood Watch

Aalwyndal
 082 779 1047

Bayview
 082 491 3163
 072 301 7700

Bo Dorp
 061 534 0740
 082 651 6228

Da Nova
 076 407 8147
 064 156 0984

Danabaai
 079 414 0481

Diaz, Boland Park &
 Voorbaai
 083 721 1641

Hartenbos CSF
 079 244 7472

Hartenbos Heuwels,
 Menkenkop & Seemeu Park
 060 828 4359 (Calls Only)

Heiderand
 072 929 5510
 083 561 1049
 063 314 0783

Island View
 083 250 4112

Onder Dorp
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 082 702 2607

Sonskyn
 076 567 0614

Tarka
 083 310 9335