



EKO-LANDGOED
ECO ESTATE

Huiseienaarsvereniging Home Owners' Association

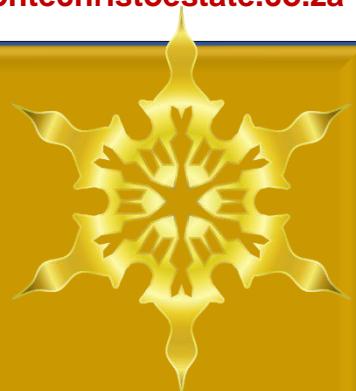
For a better lifestyle...
Vir 'n beter lewenstyl...

Kliek hier vir Engels

www.montechristoestate.co.za

Nuusbrief

Desember 2019



Redakteur: Milde Weiss

Die Bestuurskomitee en die Bestuur van Monte Christo wens al die eienaars, inwoners en personeel 'n baie geseënde Feeslyd en 'n vreugdevolle 2020 toe.



Nood-nommers

Besin en herwin

As jy die eende voer

Spyskaart vir Desember

Wees Waterwys

Terugvoer oor skade

Bouersvakansie

As jy die eende voer...



Die meeste van ons hou van diere en voëls – dis waarom ons in 'n eko-landgoed bly.

Die eende en ganse wat by ons dam voorkom, is die Groenkopeend (*Anas platyrhynchos*) en Kolgans (*Alopochen aegyptiaca*) – albei eintlik trekvoëls, en oorspronklik van Europa en Noord-Afrika afkomstig. As die omstandighede egter gunstig is, bly hulle sommer. Die kolgans is die enigste oorlewende spesie van die genus *Alopchen*.

Hierdie watervoëls is in staat om vir hulself te sorg en eet normaalweg klein vissies of viseiers, slakke, waterplante, gras, paddas, insekte, sade en bessies.

Dit is nie goed om die watervoëls gereeld te voer nie. Indien jy hulle **af en toe** wil voer, doen dit asseblief tot hul voordeel:

- ❖ Voer hulle by die dam – nié by jou huis nie. As hulle aangemoedig word om oor die pad te stap na hul versnaperings toe, stel jy hul lewe in gevaar. Eende en voertuie hoort nie by mekaar nie!
- ❖ Gee hulle net dié kos wat vir hulle goed is.
GEEN BROOD OF ANDER MEELPRODUKTE NIE, asseblief! Brood is sleg vir watervoëls. Dit affekteer hulle veergroei, ingewande en harte. Dit besoedel die water, lok rotte, en moedig die groei van skadelike bakterieë en alge aan, wat die watervoëls kan doodmaak.
- ❖ Gee hulle liewer slaaiblare, druwe, ertjies of mielies.



Het jy dié een gesien?

Die Oranjekeekalkoentjie (*macronyx capensis*) kom algemeen is die oostelike en suid-oostelike dele van ons land voor.

Hierdie mooi voëls met hul bruin-swart oë en spits bekke word gewoonlik een-een of in pare op die grond in grasgebiede opgemerk. Dis maklik om hulle uit te ken: die onderkant is geel, en die oranje 'borslap' met sy swart omboorsel is duidelik sigbaar. Die rug en vlerke is vaalbruin.

Kyk gerus in die omgewing van die dam of jy hulle gewaar.

BESIN EN HERWIN

Die hoeveelheid afval per huishouding bereik gedurende die Feestyd 'n hoogtepunt. Ons vra alle inwoners dus om hul deel by te dra ten opsigte van herwinning.



Skei asseblief u **herwinbare** afval, naamlik **glas, papier, plastiek en blikkies** van u ander afval en plaas dit in die blou sakke wat voorsien word. Let asseblief daarop POLYSTYRENE nie tans in Mosselbaai herwin kan word nie.



Gewone afval hoort in die swart sakke.



Die groen sakke is vir tuinafval. En dié moet u self in die houer (*skip*) aan die Westekant van die Landgoed, anderkant die stoor, gaan gooи.

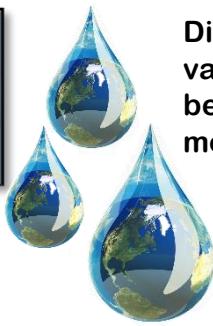


Ons is almal daarvoor verantwoordelik om die omgewing te beskerm deur herwinning tweede natuur te maak.

ALLE AFVAL KAN AS 'N GELEENTHEID BESKOU WORD OM TE HERWIN

Beezer Molten

Wees waterwys



Die gebruik van water skiet gedurende die vakansietyd die hoogte in. Wees asseblief bewus hiervan en spaar water waar enigsins moontlik.

*NO WATER NO LIFE, NO GREEN, NO BLUE
(Sylvia Earle)*



Terugvoer oor die herstel van skade aan infrastruktuur

- ❖ Die verslag van die Raadgewende Ingenieur is op 4 November 2019 ontvang.
- ❖ Die tenderdokumente is op 18 November 2019 aan die gekose konstruksiemaatskappye, Henra en WJWM gestuur, en die sluitingsdatum is 3 Desember 2019 om 12:00.
- ❖ Die verpligte terreinvergadering met die konstruksiemaatskappye sal op 26 November om 10:00 by die Monte Christo Landgoed in Hartenbos, Mosselbaai gehou word.
- ❖ Die Bestuurskomitee sal op 5 Desember 2019 die tenders wat ontvang is, oorweeg.
- ❖ Ons is tans besig om al die stormwaterpype skoon te maak.

Bouersvakansie: Vanaf Vrydag 13 Des 2019 om 14:00. Bouers begin weer op 9 Januarie 2020.



SPYSKAART VIR DESEMBER

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRYDAG	SONDAG
					01-Des
Nuwe epos adres homebaking01@gmail.com Nuwe kontak nommer Willie 0712576298					Sop- en broodkeuse Suurlemoen en kruie varknek Hoender à la King Sampioenrys Feta groenbone Pampoentert Pavlova
02-Des	03-Des	04-Des	05-Des	06-Des	08-Des
Macaroni en kaas 3 Slaiae Sjokolade Brownie	Sop Hoenderpastei Gemengde groente Bruinrys	Lamskerrie Basmatiry Soetpampoen Sambals Koffie	Ham en kaas quiche Aartappelskyfies Slaaikeuse Ligte nagereg	Sop Vars vis van die dag Gegeurde rys Groenbone Slaai	Kouevleis voorgereg Bief Stroganoff <i>Boston Butt</i> Braaiwortels Spinasie Sjokoladegebak & vla
09- Des	10- Des	11- Des	12- Des	13- Des	15- Des
Lasagne Slaaikeuse Brood tafel Jellie & vla	Sop Hoender à la King Rys Slaai	Herderspastei Groenslaai Koffie	Gebakte vis Aartappelskyfies Kerrie pastaslaai Beetslaai	Sop Ontbeende varknek Pietersielie- aartappel Pampoenpoffertjes Broccoli en kaas- sous	Slaai en vetkoekies Beesgereg Hoenderbraai Roomspinasie Geurige rys Wortel en botterskorsie Crème Brûlée
16- Des	17- Des	18- Des	19- Des	20- Des	22- Des
Hoender Schnitzel Aartappelskyfies Gemengde groente Ligte nagereg	Sop Koue vleise Broodtafel Drie slaiae	Viskoekies Roomaartappels Spinasie Wortels Koffie	Sop en vetkoek Beeswors Pap en sous Wortelslaai Ietsie soets	Selfbou burgers Aartappelskyfies Vrugteslaai Roomys	Sop Varkboud Hoenderpastei Braai-aartappels Groenbone Karamelpatats Mousse Duette
23- Des	24- Des	25- Des	26- Des	27- Des	29- Des
Oondgebraide hoender Murgpampoentjes Soetpampoen Jellie en vla	Hoenderlasagne Vars brood 2 Slaiae Koffie en iets soets	KERSETE R230 per persoon REEDS VOL BESPREEK	Potjiekos Stampmielies Gemengde groente Melktart Koffie	Spaghetti Bolognese 2 Slaiae Ligte nagereg	Slaaikeuses Bees Schnitzel Soet & suur vark Groente Rys Pampoenpoffertjes Yskas kaaskoek
30- Des	31- Des				
Lewerkokies Kapokaartappels Gebraaide botterskorsie Slaai Ligte nagereg	Gestolde voorgereg Oondgebraide bees Pampoenkoekies Outydse groenbone Gebraaide aartappels Appeltart en room				



NOODNOMMERS

Druk asb hierdie bladsy en plak teen jou yskas

MOSSEL BAY POLICE

044 606 2805

0825223278

0825223358

DA GAMASKOP POLICE

044 606 2201/7/8

0823792449



KWANONGABA POLICE

044 606 5606

0823025927



MOSSEL BAY FIRE DEPARTMENT

044 691 3722 / 044 606 5107

044 606 5000

REPORT VELD FIRES

044 805 5071



CALL CENTRE AND AFTER HOURS NUMBER

044 606 5000

MUNICIPAL WATER

0446065262/82

MUNICIPAL ELECTRICITY

044 606 5082

SMS COMPLAINTS

44802



NEIGHBOURHOOD WATCHES

AALWYNDAL 0827791047

BAYVIEW 0824913163 / 0723017700

BO DORP 0615340740 / 0826516228

DA NOVA 0764078147 / 0641560984

DANABAII 0794140481

DIAZ, BOLAND PARK AND VOORBAAI 0837211641

HARTENBOS CSF 0792447472

HARTENBOS HEUWELS, MENKENKOP AND

SEEMEEU PARK 0608284359 (CALLS ONLY)

EMERGENCY PHONE NUMBERS

MOSSEL BAY TRAFFIC DEPARTMENT

044 606 5201 / 044 606 5000



METRO AMBULANCE

044 805 5070

AMBULANCE

10177

BY GRACE AMBULANCE

0636751936

ER '24' AMBULANCE

0834541175



MOSSEL BAY SURF & LIFE SAVING DECEMBER - JANUARY

0834621182

MOSSEL BAY LIFE BAY VIEW PRIVATE HOSPITAL

044 691 3718



MOSSEL BAY PROVINCIAL HOSPITAL

044 691 2011

Sea Rescue

NATIONAL SEA RESCUE INSTITUTE

0829905954



044 693 0824
0722871761



MOSSEL BAY STRANDED MARINE ANIMAL RESCUE TEAM

0722274715

HEIDERAND 0729295510 / 0835611049 /
0633140783

ISLAND VIEW 0832504112

ONDER DORP 0715144501 / 0827022607

SONSKYN 0765670614

TARKA 0833109335

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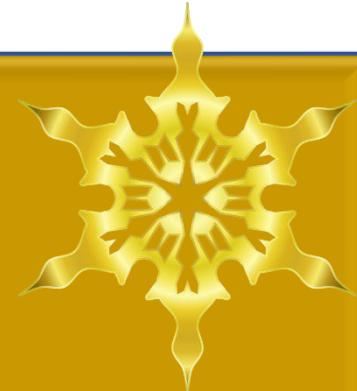
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For a better lifestyle...
Vir 'n beter lewensstyl...

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Newsletter December 2019



Editor: Milde Weiss

The Management Committee and Management of Monte Christo wish all residents, owners and employees a blessed Festive Season and a happy 2020.

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Emergency numbers

Waste not, want not

When feeding the ducks

Have you seen this one?

Menu for December

Be water wise

Feedback on damage

Builders' holiday

When feeding the ducks...



Most of us like animals and birds – that is probably why we live in an eco-estate.

The ducks and geese we see around our dam, are the Mallard Duck (*Anas platyrhynchos*) and Egyptian goose (*Alopochen aegyptiaca*) – both migratory birds and originally from Europe and North Africa. If, however, the conditions are favourable, they tend to stay permanently. The Egyptian goose is the only surviving species of the genus *Alopochen*.

These water birds are capable of looking after themselves, and their normal diet consists of small fish or fish eggs, snails, water plants, grass, frogs, insects, seeds and berries.

It is not advisable to feed water birds regularly. If you want to feed them **now and then**, please consider their well-being:

- ❖ Feed them at the dam, not at your house. If they are encouraged to cross the road to get their food, their lives are endangered. Ducks and cars don't mix!
- ❖ Only give them food that they can stomach.
NO BREAD OR OTHER FLOUR PRODUCTS
please! Bread is detrimental to the health of waterfowl. It affects their feather growth, intestines and heart health. It also contaminates the water, attracts rats and promotes the growth of harmful bacteria and algae, that can kill them.
- ❖ Rather give them salad leaves, grapes, peas or mealies.



Have you seen this one?

The Orangethroated Longclaw (*macronyx capensis*) is common to the eastern and south-eastern parts of our country. These beautiful birds with their blackish brown eyes and sharp beaks are usually seen alone or in pairs on the ground in grassy areas. It is not difficult to identify them: the underside is yellow, and the orange ‘bib’ with its black edges is easy to spot. The back and wings are a dull brownish colour.

Keep your eyes peeled when you are in the vicinity of the dam.

WASTE NOT, WANT NOT

The Festive season brings with it more waste per household than any other time of the year, and so we ask all residents to remain committed to efficient recycling of waste.



Please separate your waste that can be recycled (**glass, paper, plastic and tins**) from your other waste and place it in the blue bags you are supplied with. Please note that POLYSTYRENE cannot be recycled in Mossel Bay at this stage.



Normal rubbish goes in the black bags.



The green bags are for garden refuse. Please dump these bags in the skip next to the shed on the western side of the Estate.



We have a common responsibility to do our bit for the environment by adopting good recycling habits.

HERE, ALL WASTE WILL BE VIEWED AS AN OPPORTUNITY TO RECYCLE.

Beezer Molten

Be water wise



The use of water also peaks during the holiday season. Please be aware of this and really try and conserve water as best you can.

*NO WATER NO LIFE, NO GREEN, NO BLUE
(Sylvia Earle)*

Feedback on the repair of damaged infrastructure

- ❖ The report from the Consulting Engineer was received on 4 November 2019.
- ❖ The tender documents have been forwarded to the chosen construction companies, Henra and WJWM, on 18 November 2019 with the closing date being 03 December 2019 @ 12:00.
- ❖ The compulsory site meeting with the construction companies will be held on 10:00 on Tuesday 26 November 2019 at Monte Christo Estate in Hartenbos, Mossel Bay.
- ❖ The Management Committee will consider the tenders received on 05 December 2019.
- ❖ We are currently in the process of clearing all the storm water drains.



Builders' holiday: From Friday, 13 Dec 2019 @ 14:00. Builders start again on 9 January 2020.



MENU FOR DECEMBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SUNDAY

01-Dec

homebaking01@gmail.com



02-Dec

03-Dec

04-Dec

05-Dec
Ham and cheese
quiche

06-Dec

Cold cut starter

Macaroni and cheese

Soup
Chicken pie
Mixed vegetables
Brown rice

Lamb curry
Basmati rice
Pumpkin
Sambals
Coffee

Potato chips
Assorted salads
Light dessert

Fresh fish
Seasoned rice
Green beans
Salad

Beef Stroganoff
Boston Butt
Glazed carrots
Spinach
Baked chocolate
dessert and custard

08-Dec

Chocolate Brownie

09-Dec

10-Dec

11-Dec

12-Dec

13-Dec

15-Dec
Salads and vetkoek
Beef dish
Roast chicken
Creamed spinach
Fragrant rice
Carrot and butternut
Crème Brûlée

Lasagne

Soup
Chicken à la King
Rice
Pumpkin
Salad

Cottage pie
Sweet carrots
Green salad
Coffee

Potato chips
Curried pasta salad
Beetroot
Carrot salad

Pork neck
Parsley potato
Pumpkin fritters
Broccoli and
cheese sauce

DIY burgers
Potato chips
Fruit salad
Ice cream

Jelly and custard

16-Dec

17-Dec

18-Dec

19-Dec

20-Dec

22-Dec

Chicken schnitzel

Soup
Cold cuts
Bread display
3 Salads

Fish cakes
Creamed potato
Spinach
Carrots
Coffee

Soup and vetkoek
Beef sausage
Pap and sauce
Carrot salad
Something sweet

DIY burgers
Potato chips
Fruit salad
Ice cream

Soup
Leg of pork
Chicken pie
Roast potato
Green beans
Caramel sweet
potato
Mousse Duet

Light dessert

23-Dec

24-Dec

**CHRISTMAS
LUNCH**

26-Dec

27-Dec

29-Dec

Oven baked chicken

Chicken Lasagne

R230 per person

Beef pot

Spaghetti

Salad selection
Beef schnitzel
Sweet and sour pork
Savoury vegetables
Rice
Pumpkin fritters
Cheese cake

Baby marrows

Fresh baked bread

2 Salads

Samp

Bolognaise

Sweet pumpkin

2 Salads

FULLY BOOKED

Mixed vegetables

2 Salads

Jelly and custard

Coffee and a sweet

Coffee

Milk tart

Light dessert

30-Dec

31-Dec

Set starter

Oven roasted beef
Pumpkin fritter
Green bean stew
Roasted potato
Apple tart and cream



Please print this page and stick on your fridge

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0823792449

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